Hong Kong Society of Nephrology
Chairman’ Report
(October 29, 2006)

The year of 2006 has been a successful and brilliant year for Hong Kong Society of Nephrology. As of today, there are 655 HKSN members (Full members: 138, Associate members: 517). With the relentless effort of our members in quality patient care and research, our achievement is highly respected by our colleagues worldwide. Hong Kong Society of Nephrology is honored to have hosted the 11th Congress of the International Society for Peritoneal Dialysis, August 25 – 29, 2006 at Hong Kong Convention & Exhibition Centre. There were 2500 registrants from 71 countries. Positive and encouraging feedbacks were received from numerous delegates. I would like to thank all the members of HKSN in making this congress a triumphant one. Special thanks also extend to President of the Organizing Committee, Prof. Philip Li and President of ISPD, Dr. WK Lo for their glamorous leadership on this matter.

The other special accomplishments of our society this year are the establishment of Richard Yu Endowment Fund and Chan Woon Cheung Memorial Fund.

The Richard Yu Endowment Fund is established to honor the continued contribution and devotion of Prof. Richard Yu in promoting training, services, research and international recognition of nephrology in Hong Kong. The Fund was set up with generous donations from Prof. Richard Yu and Mr. Hui Hoi. This fund will be used to recognize high caliber researchers and clinicians, to promote international experience sharing in major nephrology research areas and to support meaningful researches in the field of renal medicine.

The Chan Woon Cheung Memorial Fund is established in memory of the late Dr. Chan Woon
Cheung, an academic pathologist, in his contribution to the education, training and research in Renal Pathology. The captioned fund was set up in the Hong Kong Society of Nephrology through a generous donation from Professor Richard Yu and Professor CH Leong.

In order to support the research of members who are not eligible for funding from the Research Grants Council of HKSAR, we continue to award **Hong Kong Society of Research Grant.** We received a total of 7 applications. Five projects are awarded the grant. All of them are of high quality. The principal investigators and project title are as follow:

<table>
<thead>
<tr>
<th>PI</th>
<th>Unit</th>
<th>Project Title</th>
</tr>
</thead>
<tbody>
<tr>
<td>A Wang</td>
<td>QMH</td>
<td>A Prospective Double -Blind Randomized Placebo-controlled Study to Evaluate the Efficacy of Peroxisome Proliferator-Activated Receptor- (PPAR- ) agonist in Inducing Carotid Atherosclerotic Plaque Regression in Diabetic End-Stage Renal Disease Patients</td>
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<tr>
<td>Sydney Tang</td>
<td>QMH</td>
<td>Role of high glucose and advanced glycation end-products in diabetic tubulopathy</td>
</tr>
<tr>
<td>C C Szeto</td>
<td>PWH</td>
<td>The Relationship between Bone Morphogenic Protein-7 and Longitudinal Change in Peritoneal Transport Characteristics</td>
</tr>
<tr>
<td>M F Lam</td>
<td>QMH</td>
<td>The diagnostic value of serum procalcitonin (PCT) in long-term peritoneal patients complicated by peritonitis and its correlation to other inflammatory markers</td>
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</tbody>
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* Dr. Angela Wang is awarded the **Joint Hong Kong Society of Nephrology/ Hong Kong Kidney Foundation Research Grant.**

**Scientific Symposia** were held at regular intervals and were well received by the members. Detail is as follow:

<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Speaker</th>
<th>Attendance</th>
</tr>
</thead>
</table>
| 9-12-05 | Increased Frequency Hemodialysis: the Why, the Where and the How   | Prof. C. Hawley  
Princess Alexandra Hospital, Brisbane, Australia. | 40         |
<table>
<thead>
<tr>
<th>Date</th>
<th>Topic</th>
<th>Speaker(s)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>13-2-06</td>
<td>Steroid Avoidance Immunosuppressive Protocol in Renal Transplantation</td>
<td>Prof. E. S. Woodle University of Cincinnati College of Medicine, Ohio, USA</td>
<td>150</td>
</tr>
<tr>
<td>14-6-06</td>
<td>Therapeutic Drug Monitoring of Immunosuppressants in Organ Transplantation</td>
<td>Mr. Paul Taylor Princess Alexandra Hospital, Woollongabba, Australia</td>
<td>60</td>
</tr>
<tr>
<td>22-6-06</td>
<td>Management of loss of EPO therapy</td>
<td>Dr. John Knight Janssen Pharmaceuticals Australia</td>
<td>80</td>
</tr>
<tr>
<td>1-9-06</td>
<td>The pathogenesis of immune glomerular injury - an update</td>
<td>Prof. William Couser, President, International Society of Nephrology</td>
<td>50</td>
</tr>
<tr>
<td>28-9-06</td>
<td>Experience with Certican in Renal Transplantation and Recommendations for Future Use</td>
<td>Prof. Steve Chadban, University of Sydney, Sydney, Australia Dr. Manfred Stangl, Munich University of Technology, Munich, Germany</td>
<td>70</td>
</tr>
<tr>
<td>11-10-06</td>
<td>Everolimus with low dose calcineurin inhibitor (CNI) in renal transplantation</td>
<td>Prof. Laurence Chan University of Colorado Colorado, USA</td>
<td>70</td>
</tr>
</tbody>
</table>

The inter-hospital renal meeting with CME accreditation is an important and regular educational activity of the Society. The meeting is held regularly once or twice every month in the Lecture Theatre of Queen Elizabeth Hospital. Experts and nephrology trainees present in the meetings and the most recent updated development in clinical nephrology, dialysis and transplantation are discussed. This year we have invited Hong Kong Paediatric Nephrology Society to participate in the meeting and share their expert experience in paediatric nephrology. We have total 15 meetings in this year and all are well attended by nephrology fellows and trainees from 13 renal units in Hong Kong. Dr. UI Kuok, President of Macau Society of Nephrology has joined many of our interhospital meetings. She also agrees to present interesting case from Macau in one of our interhospital meeting in 2007. The updated schedule and archives of summary of the meeting can be found at the Society’s web site.

Quality of the Hong Kong Journal of Nephrology has been improving. It has attracted submission of manuscript from many countries. In the last 5 years (2001 -2006), we have received
more than 140 manuscripts from different continents or countries: Africa (2), Australia (2), China (13), Hong Kong (62), India (14), Japan (7), Middle East (13), North American (7), SE Asia (4). The rejection rate has increased gradually from 0% in 2001 to 46% in 2005. 1300 copies of the Journal are printed twice per year. A meeting was held with representatives from other countries during the 11th Congress of ISPD. Reassurance of support from other countries was obtained. Suggestions were made to improve the quality and submission of manuscript further.

In order to allow our members to keep abreast of the recent development of nephrology and allow them to present their research results, the Society has been continually supporting members to attend local and overseas nephrology-related meetings. Young Nephrology Investigator Scholarships were also granted to cover the expenses related to attendance of the scientific meetings.

This year’s Annual Scientific Meeting is held in Ballroom of Kowloon Shangri-La Hotel, Tsimshatsui. Professor Halperin, Emeritus Professor of Medicine, University of Toronto, will deliver lectures in acid-base and electrolytes disorders. Professor KN Lai is the recipient of this year’s Richard Yu Endowment Fund and presents an inaugural lecture on captioned fund entitled: “Somewhere Over the Rainbow”. Dr. Chan Kwok Wah is the recipient of the Chan Woon Cheung Memorial Fund.

The relationship with nephrologists in Mainland China and the Chinese Society of Nephrology is continually strengthening. Dr. Alex Yu, Chairman of Hong Kong Society of Nephrology led a delegate of council members to attend the Annual Meeting of Chinese Society of Nephrology in Beijing, October 18-21, 2005. Dr. Alex Yu, Dr. Sydney Tang and Dr. Kwan Tse-Hoi presented their paper in the congress. The next Annual Scientific Meeting of Chinese Society of Nephrology will be held on November 1-4 in Xiamen. A delegate of 8 members will attend the meeting with Prof. Philip Li, Dr. Alex Yu, Dr. Sydney Tang presenting papers.

Annual Gateball Competition and Fun Day for Renal Patients and their families was held on October 8, 2006 (Sunday) in Kowloon Park Indoor Sports Centre. The event was jointly organized with the Hong Kong Gateball Association and the Leisure and Cultural Services Department. The event with the main theme to promote renal rehabilitation and exercise was well attended by over 400 participants from 12 renal units and 10 supporting industrial partners. In the Open Division, QEH won the champion with QMH, TWH and PMH being the 1st, 2nd and 3rd runners up respectively. In the Senior Division, QMH won the champion with UCH, AHNH and PMH being the 1st, 2nd and 3rd runners up respectively.

The event ended with an invited gateball match among patients, industrial partners and doctors.
including our Guests of Honour, Dr. Cheung Wai Lun (Director, Professional Service & Operations, HAHO), Dr. Beatrice Cheng (Senior Executive Manager, Professional Service, HAHO) and Mrs. Lau Lee Li Fong (Chairperson, Hong Kong Gateball Association). Dr. Ho Yiu Wing was the art-designer and photographer, and the photos of the day could be viewed at the Society’s official website. Drs Choi Koon Shing and Sydney Tang were the coordinators of the event.

**Music CD: Dialysis for the soul – musical reflections**

Last year, with the support from the renowned local lyricist Mr Cheng Kok Kong, we have organized a lyric writing competition for renal patients following a series of lyric writing seminars. Renal patients and staffs from renal centers all over Hong Kong joined in and rewrote lyrics by themselves basing on the melodies from a number of popular Cantonese songs. The primary aim of the event was to promote psychological well beings in our renal patients through self-expressions in form of lyric writing. The event had been very successful. We have collected nearly fifty lyrics and had grouped them into a songbook followed by a group performance in the Shatin Town Hall.

This year, we have obtained copyright consents from the music publishers to select a few of those songs for performance by professional singers from the Actors’ Family. We have recorded 11 of those in studio and produced a music CD named Dialysis for the soul – musical reflections 《心靈透析 - 腎友心曲》. This project was fully supported by the ISPD2006 Congress and each delegate was given one copy of the CD already. 10000 CDs have been produced and sent to various renal centers for distribution to the local renal community. We hope you would enjoy the CD and gain a deeper insight into the inner world of our renal patients whose fighting spirits against adversity in lives had always been an inspiration to all who have dedicated their lives to combat kidney diseases.

On Sunday, March 12, a World Kidney Day Walk was held to encourage and allow health care professionals to join the event. The event was jointly organized by Hong Kong Kidney Foundation and Hong Kong Society of Nephrology, with the participation of ISN (through Dr. Philip Li, Council Member of ISN).

The activity was well attended by 1000 people, including, Government officials (Dr. York Chow, Secretary for Health and Welfare), Medical and nursing staff from all the renal units, Patient groups from all the renal units and other health care professions, pharmaceutical companies

The opening ceremony was a street play by 6 senior nephrologists, giving out the message of regular health check on blood pressure and urine for protein and blood.

Hong Kong Society of Nephrology also jointly organized “Organ Donation Campaign 2006” with HAHO, Hong Kong Kidney Foundation, Hong Kong Society of Transplantation and Radio Hong Kong. This consisted of a series of activities that promote the awareness of importance of organ donation in saving lives.
The success of the Society with wide range of activities depends heavily on the dedicated work of the whole council. The Society would like to thank all council members for their commitment and diligent work. I would like to pay tribute to the following council members:

Dr. Lui Sing-Leung  Hon. Secretary
Representative to Hong Kong Kidney Foundation
Assistant Editor, Hong Kong Journal of Nephrology

Dr. Andrew Wong  Hon. Treasurer

Dr. Fung Ka-Shung  Membership Affairs: registration

Dr. Ho Yiu-Wing  Designer and IT Co-ordinator
Society Home page maintenance
Organ Donation Campaign 2006

Dr. Kwan Tze-Hoi  Producer of Music CD: “Dialysis for the soul – musical reflections”

Dr. Leung Chi Bon  Membership Affairs: sponsorship and scholarship
Nursing Education
Public Education

Dr. Sydney Tang  Gateball competition
Assistant Editor, Hong Kong Journal of Nephrology

Dr. Wong Kin Shing  Hong Kong Society of Nephrology Research Grant

Dr. Chau Ka Foon  Organ Donation Campaign 2006
Kidney Day Walkathon

Dr. Choi Koon Shing  Interhospital Meeting, CME activities
Gateball Competition and Fun Day

Dr. Tong Kwok Lung  Organ Donation Campaign 2006
Kidney Day Walkathon
The society would also like to express sincere gratitude to Prof. Philip Li, our co-opted council members Dr. John Fenn, Dr. Li Fu-Keung, Dr. Tsang Wai Kay and Dr. Francis Wong for their valuable opinions and work, and all the Honorary Advisors for their contribution. Last but not the least, I would like to thank the relentless support of all the activities by both our Full and Associate Members.

Dr. Alex Yu
Chairman
Hong Kong Society of Nephrology